

Contact and Location of Breast Care Nurses

Available Monday to Friday, 8am – 4:30pm

Westmead Hospital*

Corner Darcy Road & Hawkesbury Rd,
Westmead NSW 2145
02 8890 5656 (and leave a recorded message) or
0409 662 673 or
02 8890 5555 and ask for page 22641 or 27817

Alternatively, email the breast care nurses at
bci-breastcarenurses@health.nsw.gov.au

Auburn Hospital*

Norval Street, Auburn NSW 2144
02 8759 3504 (and leave a recorded message) or
0428 967 845 or
02 8759 3000 and ask for page 5745

Blacktown Hospital*

Blacktown Road, Blacktown NSW 2148
02 8670 5184 (and leave a recorded message) or
0427 851 829

Mt Druitt Hospital*

75 Railway Street, Mt Druitt NSW 2770
02 9881 1535 (and leave a recorded message) or
0427 851 829

Nepean Hospital*

Derby Street, Kingswood NSW 2340
Phone 02 4734 4439 (and leave a recorded message) or
Mobile 0408 286 239 or
02 4734 2000 and ask for page 26165

**If you are unable to contact a nurse at any of these hospitals, please call or email the BCN at Westmead.*

Supporting People with Breast Cancer Today and Every Day

- ✿ Providing screening, diagnosis, treatment and care by expert teams
- ✿ With world-class research, education and innovation
- ✿ Engaging the help of our community and supporters
- ✿ To shine a Ray of Hope



BCI westmead
breast cancer
institute

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www.bci.org.au



 **Health**
Western Sydney
Local Health District

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IMPORTANT At all times you should rely on the expert judgement of your medical advisor(s). This information guide is not a substitute for medical advice. It is designed to help you understand and discuss your treatment.

Image: Westmead BCI

Breast Care Nurse

Westmead Breast Cancer Institute



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What is a Breast Care Nurse?

A breast care nurse (BCN) is a registered nurse who has specialised experience and knowledge in breast care nursing.

Breast care nurses are members of the multidisciplinary team caring for people with breast cancer. Other members of the team at the Westmead Breast Cancer Institute and its affiliated hospitals include surgeons, radiation oncologists, medical oncologists, breast physicians, clinical geneticists, pathologists, radiologists, radiation therapists, occupational therapists, physiotherapists, dieticians, social workers and other specialised nurses.

Breast care nurses are available to give you and your family information and support before and after surgery and during your ongoing treatment for breast cancer. If you have any questions about your treatment, the plans for your hospital admission or about caring for yourself after surgery or during other treatments, you can call the breast care nurse for advice.



Role of a Breast Care Nurse

The role of a breast care nurse is to:

- > Provide support, education and information to people with breast cancer, their family and those who care for them.
- > Provide high standards of treatment in breast care nursing.
- > Provide coordinated care, including information and referral to other support services and resources available in the hospital and community.
- > Inform people about research and clinical trials.
- > Provide leadership in the area of breast care nursing within the hospital and wider community.

A Breast Care Nurse is available to:

- > Answer your questions.
- > Explain your treatment.
- > Provide you information on treatment for breast cancer.
- > Explain what happens during your stay in hospital.
- > Visit you during your stay in hospital.
- > Provide emotional support.
- > Organise support for you when you leave hospital if needed.
- > Provide information on breast prostheses and breast reconstruction.
- > Help you look after your wound after your operation.
- > Refer you to other services if needed.
- > Act as a link with all members of the treatment team.
- > Coordinate your care from the time you are diagnosed with breast cancer, through your treatment and follow-up.

Contact

Westmead Breast Cancer Institute (BCI)
8890 8888

Crown Princess Mary Cancer Care Centre
8890 8530

Blacktown Cancer Care Centre
9881 8421

Nepean Cancer Care Centre
4734 3500

Westmead BCI Research & Clinical Trials Nurse
8890 8815 / 0417 864 100

Westmead BCI Support Group
8890 9682
bci-supportservicesinfo@health.nsw.gov.au

Westmead Physiotherapy / Occupational Therapy
9845 6500

Westmead Social Work Department
8890 6699

Aboriginal Liaison Officer
8890 6699 or 0400346112

Telephone and Interpreting Service (TIS National)
131 450

McGrath Foundation
8962 6100
www.mcgrathfoundation.com.au

Useful contacts/websites

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| Cancer Australia | canceraustralia.gov.au |
| Cancer Council | cancer.org.au |
| Cancer Council Helpline | 13 11 20 |
| Breast Cancer Network Australia (BCNA) | 1800 500 258 bcna.org.au |